



CUH Charity

Cork University Hospital

'Saving and Changing Lives'

*Cork University Hospital Charity
is the nominated charity for Cork University Hospital
and Cork University Maternity Hospital and supports
the provision of life-saving and life-changing equipment,
facilities and services for patients
at both hospitals.*



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Registered Charity Number CHY 17293

About CUII Charity

Established in 2012, Cork University Hospital Charity (CUII Charity) is the charitable arm of the Cork University Hospital (CUII) and Cork University Maternity Hospital (CUMH). We work closely with the management team and healthcare experts at CUII and CUMH to identify the hospital's most pressing needs and provide much-needed financial support for all departments.

CUII Charity identifies a selection of focused appeals that require our assistance. We offer a wide range of opportunities for people to donate to these vital causes through organising and supporting numerous fundraising events. **Our work is very much a team effort, from the charity representatives to our wonderful volunteers and hospital staff.** We encourage community involvement by offering opportunities for workplace and school fundraising, along with a wide range of other ways to give.

The generosity and goodwill of the people of Munster is second to none. The continued support of individual and corporate donors, fundraisers and volunteers is integral to the enhancement of the expert level of care provided by the CUII and CUMH.



Every day we are touched by the kindness and generosity of our incredible supporters and fundraisers, often at a very fragile time in their lives. We thank you from the bottom of our hearts and ask that you continue to help us in our mission to support the provision of life-changing and life-saving equipment, facilities and services for the people of Munster.



Our Vision

- + **To support** the delivery of the strategic and ambitious plans of CUII and CUMH over the next five years.
- + **To witness** the positive changes that occur as a result, which lead to significant improvements in the overall services made available to the people in the South/South-West Region.
- + **To promote** and support all major transformational projects and regular activities that need to be delivered in order to maintain and advance current levels of service at each hospital.

What We Have Achieved With Your Generosity

- + Continued support of the development of a dedicated Children's Emergency Department.
- + Wall-mounted monitors in the Children's Unit improving observation of infants in critical condition.
- + The purchase of a colonoscope to assist in a more efficient diagnosis of colon cancer; one of the most common cancers.
- + The purchase of a telemetry EEG machine to assist in the diagnosis of epilepsy and seizures in children.
- + New treatment chairs for chemotherapy patients at the Dunmanway Day Unit.
- + Leading Speech and Language Therapy equipment to assist in the development of therapy and treatment plans for children and adults with swallowing difficulties.
- + Renovation of the Quiet Room at CUMH, which is specifically designed to give grieving parents the comfort and peace that they need.

About CUH



Serving a catchment area with a **population of 1.5 million**, CUH marked its 40th anniversary in 2018.

+ It houses over **40 medical and surgical specialities** in one campus.



+ It is the **largest teaching hospital in Ireland**, with a focus on implementing continuous improvement through clinical education and research.



+ There are more **clinical trials** taking place at CUH than any other hospital in the country.



+ The **only Level 1 Trauma centre** in the country.



- + CUH is the location of the **Regional Cancer Centre** – the designated cancer centre for the region and one of the largest in Ireland.
- + It is a **Centre of Excellence** for Cancer Services, Paediatrics, Neurology and Neurosurgery, Cardiac and Renal Services, Trauma, Cystic Fibrosis and Respiratory, among other areas of medicine.

Cork University Hospital (CUH) and Cork University Maternity Hospital (CUMH) are among Ireland's busiest hospitals.



Did you know?

CUH is the FIRST HOSPITAL CAMPUS IN THE WORLD to raise a Green Flag for achievements in energy and waste management.

The award was presented by the Foundation for Environmental Education and An Taisce for the hospital's efforts in reducing their carbon footprint. Initiatives undertaken by the hospital team include the nomination of staff members as 'green advocates', who implement positive environmental changes and spread the message of sustainability through all departments, along with the maintenance and development of gardens and 'green play' areas for both patients and their visitors to enjoy.



About CUMH

CUMH opened in March 2007 and involved the amalgamation of maternity services from the Erinville Hospital, St. Finbarr's Maternity Hospital, Bon Secours Maternity Unit and gynaecology services from Cork University Hospital.



+ **Over 8,000 babies** are delivered at CUMH every year.



+ The hospital is part of the South/South-West Hospital Group (SSWHG) and is the **largest tertiary referral centre in the South of Ireland.**



+ The **birthing suite at CUMH has 12 individual delivery rooms**, one of which has a birth pool that can be used for pain relief in the first stage of labour.



+ The hospital also houses **a theatre suite with four operating theatres, a high dependency unit for women with pregnancy complications**, an exceptional neonatal unit, a recovery room, and a 'home from home' room, which is available to women who wish to give birth in a less formal environment within the hospital.



+ **Research and education** form an important part of continually improving practices and services at CUMH.

From expectant mothers to the elderly and our most seriously ill, there are few people who haven't experienced the work of CUH and CUMH at some stage in their life, witnessing first-hand the dedicated care and expertise provided by hospital staff.



Did you know?

CUMH IS IRELAND'S FIRST FULLY DIGITAL HOSPITAL. This means that all women visiting CUMH for gynaecology services will now have an entirely electronic health record.

Such advances ensure instant access to a patient's clinical information for healthcare providers, resulting in improved patient care, increased medication safety and ease of communication between personnel.



Appeals

CUH Charity supports a wide range of appeals that benefit numerous departments and patients of CUH and CUMH.

Urgent Appeal > Stroke Unit Appeal

The Stroke Unit Appeal was established by CUH Charity in 2019 to support the development of a new dedicated Stroke Unit.



Facts:

- + CUH currently has the busiest Inpatient Stroke Service in Ireland with over 500 patients each year.
- + Stroke is the third biggest killer and kills more than twice the number of people than breast cancer in Ireland.
- + It is the leading cause of adult acquired disability.
- + The number of stroke patients in Ireland will increase by 25% in the next 5 years.

What your generosity can help us achieve:

- + A therapy suite to provide better inpatient rehab.
- + About 15% of CUH acute stroke patients die. The new unit will improve access to single rooms to enable people to die with dignity. This will also enable stroke services to fulfill key criteria in order to obtain European Stroke Service Accreditation.

“The care provided within a dedicated Stroke Unit remains the cornerstone of good stroke care.”

- Dr Liam Healy, Consultant Geriatrician and Clinical Lead for Stroke in CUH

Urgent Appeal > Children’s Unit Appeal

While state funding has been approved to facilitate the development of a long-awaited new Children’s Hospital at CUH, the CUH Charity team are increasing their appeal to raise further funds for essential equipment.

Facts:

- + The Children’s Unit at CUH is one of the busiest in Ireland with up to 20,000 children being treated annually.
- + Up to 95 percent of the unit’s young patients receive all their treatment on site, without requiring referral to the Dublin Children’s Hospitals.
- + The Children’s Unit runs 30 outpatient clinics, one-day ward and two inpatient wards.



Goals of the appeal:

- + To encourage donations that will be invested in world-class equipment for the Children’s Unit, ensuring the highest level of care.
- + To oversee the refurbishment of the existing children’s wards within the unit.
- + To facilitate the refurbishment of the Children’s Emergency Department.

What your generosity can help us achieve:

- + The purchase of vital equipment to ensure the highest level of care for children at the Unit.
- + Continued support in the creation of a dedicated Children’s Area in the ED, which sees over 15,000 children every year.

“Working with kids highlights just how invaluable state-of-the-art services and equipment can be”

- Dr. David Mullane, Consultant Paediatrician, CUH



Urgent Appeal > Neonatal Sanctum Appeal, CUMH

CUH Charity and CUMH are working together to help raise funds for the development of a unique sanctum, which will be available to mothers, babies and families under the care of the hospital's Neonatal Unit.

Facts:

- + Approximately 1 in 10 of all babies born in CUMH will require admission to the specialised Neonatal Unit.
- + There are close to 1,350 admissions to the Neonatal Unit per annum, with approximately 30 Neonatal deaths recorded.
- + CUMH's Neonatal Unit is one of the busiest units in the country.



Goals of the Appeal:

- + To develop a Neonatal Sanctum within the CUMH Garden.
- + To establish a private Neonatal Parent Room, adjacent to the Neonatal Unit.
- + To facilitate the best possible compassionate, holistic and supportive care for families and their babies during difficult times.

What your generosity can help us achieve:

- + The development of a Neonatal Sanctum within calm surrounds of the CUMH Garden, where parents and babies can privately experience end of life in an enclosed and sheltered area.
- + The creation of a Neonatal Parent room outside of the unit, which will offer parents a private space to relax and regroup.

"Being able to step outside in a quiet, dignified space away from a clinical critical environment is so important for families. Building these important places clearly demonstrates that care of newborns and their families is at the very core of the service provided by Cork University Maternity Hospital."

- Professor John R. Higgins,
Clinical Director of Ireland South
Women & Infants Directorate



Urgent Appeal > Cancer Services at CUH

CUH Charity endeavours to continuously support the provision of state-of-the-art equipment and facilities to cater for a growing number of cancer patients undergoing treatment at CUH.

- + Cork University Hospital is the largest cancer-treating hospital in Ireland and the only one to house all the surgical subspecialties needed to treat every type of cancer.
- + The incidence of cancer is predicted to double in Ireland in the next 20 years.
- + This necessitates considerable ongoing investment in providing the best possible patient care.

"Funds raised through the charity are used to enhance the facilities where cancer patients are treated and to invest in the provision of new equipment, particularly in areas where equipment can improve the ability to detect as well as to determine a best course of treatment for patients."

- Mr Michael Nason, CEO, CUH Charity.

Ongoing Appeal > Aoife O'Sullivan Oncology Education Fund

The Aoife O'Sullivan Oncology Education Fund was set up in memory of a wonderful young woman. Born in 1990, Kerry native Aoife O'Sullivan was an Irish and Geography teacher based in Ratoath College, Co Meath. Her love of teaching shone through in her relationship with colleagues and students. Aoife was diagnosed with cancer on her 28th birthday. Throughout her illness, she connected with nurses in the Oncology Unit at CUH.

The O'Sullivan family set up this fund in loving memory of Aoife and funds have been raised through a number of events and donations.

The Mission:

The fund will be used to advance the training of nurses, regularly refreshing their knowledge in the evolving world of cancer treatment.



"Given Aoife's own background in education and the incredible relationship she developed with so many nurses in CUH, we feel the Aoife O'Sullivan Oncology Education Fund is a very powerful initiative. Cancer treatments continue to change at pace and it is vital that all nurses are regularly refreshing their knowledge."

- Professor Seamus O'Reilly,
Consultant Oncologist

Ongoing Appeal > The Breeda McGrath Memorial Fund

The Breeda McGrath Memorial Fund is an initiative supporting patients of the Dunmanway Day Unit (Cancer Services). It was founded by the McGrath and Leonard families in loving memory of Breeda McGrath, who had breast cancer and died in 2018, aged 50 years.

At the 2018 Limerick Ladies Mini Marathon, 64 of Breeda's supporters, among them Bridget Leonard, her 77-year-old mother, raised more than €20,000 to kickstart fundraising.

The Mission:

The fund was established to ensure that patients undergoing cancer treatment are assisted in times of financial difficulties.

"Breeda was always helping charities and when she was undergoing treatment at the Dunmanway Day Unit at CUH, patients would be discussing the financial burden of being unwell. She wanted to give something back."

- Mattie McGrath,
beloved husband of Breeda



Help Make a Difference

If one of our current appeals has struck a chord with you, please help us to continue our mission to provide life-changing and life-saving equipment for the people of Munster by donating today.

Visit www.cuhcharity.ie to find out how you can fundraise or donate or call us on 021 4234529.

CUH Charity Ambassador

Peter O'Mahony

In 2019, CUH Charity was delighted to unveil Munster and Ireland rugby legend, Peter O'Mahony, as their esteemed brand ambassador. Given his popularity and status as a sporting hero on both a national and international level, Peter's appointment marks a huge triumph for the charity, strengthening our ability to assist in the delivery of key projects vital to the Cork and Munster region.

Since joining the extended CUH Charity team, Peter has been generous with both his time and efforts, visiting the Emergency Department and Stroke Unit at CUH and stopping by the Children's Unit with some of his Munster Rugby teammates.

"As Ambassador of the CUH Charity, I want to applaud all those who raise funds for the charity and help to provide lifesaving and life-changing equipment, facilities and services for CUH and CUMH. A very special 'thank you' is also due to all the nurses, doctors and staff of the hospitals for their dedicated care of patients."

- Peter O'Mahony,
Munster captain and
CUH Charity brand
ambassador



Key Events

If you want to be a part of our lifesaving, life-changing mission, your journey starts here! There are a wide range of events you can get involved with in order to raise vital funds for our most pressing appeals.

Here are some of the ways you can help us to make a difference...

Cork City Marathon

The annual Cork City Marathon sees entrants take part in one of the biggest events of the Irish sporting calendar to raise funds for their desired charity. Help support CUH Charity by signing up and taking part in the Marathon, Half Marathon or Team Relay.

Annual UCC Med Day

Coordinated and managed entirely by members of the UCC Medical Society, students volunteer their time in allocated shifts as they take to the streets and shopping centres of Cork with their branded t-shirts and collection buckets in April.

The Echo Women's Mini Marathon

The annual Echo Women's Mini Marathon promises lots of great fun in September. Why not join 'Team CUH Charity' this year by signing up to take part in order to raise funds for vital equipment and services at CUH and CUMH?

Annual Stryker Road Race

Held every April in Carrigtwohill, the event raises much-needed funds for the Children's Unit in CUH through the phenomenal support of local businesses, families and individuals. We are very grateful to Stryker for their continued support.

Cork's 96FM Giving for Living Radiothon

Cork's 96FM Giving for Living Radiothon is held in May each year. A range of events will take place across the city and county, from coffee mornings and no uniform days in schools, to special larger-scale fundraising events. All proceeds raised are donated to CUH Charity, Mercy University Hospital, Marymount University Hospice, Breakthrough Cancer Research and Cork ARC Cancer Support House.

For more details on how you can help and for a full list of events, please visit www.cuhcharity.ie/events.

Become a Part of the CUH Charity Story



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Fundraise:

Our generous supporters continue to raise money for the charity in unique and novel ways, and we're constantly amazed by the creative new ideas that come our way! If you're in search of inspiration for ways you can fundraise for CUH Charity and our integral work, please visit www.cuhcharity.ie/fundraising-ideas.

Donate:

Every donation, no matter how big or small, will help to support the provision of lifesaving and life-changing equipment and services at CUH and CUMH. Donations can be made through the following channels:

Online – www.cuhcharity.ie/donate

By phone – Call us on 021 4234529

By post – You can also send your donation directly to:

**CUH Charity, Room 8, Main Concourse, Cork University Hospital,
Wilton, Cork**



Volunteer:

We are always grateful of an extra helping hand to assist us raise vital funds for CUH and CUMH. Whether you can offer your assistance by organising an event, helping at a street or church gate collection, or if you would like to support us in other ways, we'd love to hear from you.

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